

Discussion Questions

1. Did you experience cognitive dissonance? Why or why not? (This question could also be answered by a show of hands.)
2. What thoughts were going through your head as you completed the Behavior Survey and had answers that were incongruent with your Attitude Survey?
3. What was your emotional reaction to experiencing dissonance?
4. What strategies did you use to try and lessen your experience of dissonance?
5. How does this activity relate to understanding prejudice and discrimination?

