

### Adaptable Activity Scale

1. How do you feel about \_\_\_\_\_ as a social group?

1	2	3	4	5
Very negative		Neutral		Very positive

2. How do you feel about the Baby Boomers (those born before 1963) as a social group?

1	2	3	4	5
Very negative		Neutral		Very positive

3. How do you feel about Generation X (those born between 1964 and 1979) as a social group?\*

1	2	3	4	5
Very negative		Neutral		Very positive

4. How do you feel about yourself?

1	2	3	4	5
Very negative		Neutral		Very positive

5. I identify with my age group.

1	2	3	4	5
Very negative		Neutral		Very positive

6. How positive or negative were the characteristics you read about \_\_\_\_\_?

1	2	3	4	5
Very negative		Neutral		Very positive

7. The stereotypes mentioned in the paragraph are accurate.

1	2	3	4	5
Very negative		Neutral		Very positive

\*Can insert more questions with this format about other generations

