

A number of research studies have examined characteristics of “Generation Z” – a generation typically defined as those born from the mid-1990s to late 2000s. Anthony Turner (2015) wrote that “Zoomers” are more “digitally bound” than other generations. According to Turner (2015), Gen Z lacks important communication skills and utilizes technology to “distract” themselves from conflicts in their life. The author believes that because of their dependence on technology, Gen Z may continue to struggle in their interpersonal capabilities.

